



The INTRIUGING 'ART' of HANDLING TRICKY BEHAVIOURS IN CHILDREN & TEENS

FREE Discussion Group Session by Mark Le Messurier
2022 SA Senior Australian of the Year

This session introduces the practical front-line skills to get the behaviours you want and is taken from chapters 6, 7 and 8. We delve into a practical 3-step approach to handle tricky behaviours in children and teens, with poise, kindness, and leadership.

Step 1: Redirecting unwanted behaviours. Redirection is an efficient style that guides a child's behaviour from the unsuitable to the more suitable.

Step 2: Keep a child accountable for their actions, using kindness and strength, in a moment when they have been thoughtless or made a poor decision. It takes awareness and courage otherwise we can easily become victims to our own heightened emotions.

Step 3: Educative consequences. These are planned responses we use following a child's misjudgement or poor behaviour where we:

- *Try to connect the consequence to the tricky or challenging behaviour that occurred.
- *Be respectful by remaining calm and emotionally connected to your child. The consequence must be affectionately applied. There is no room for blame, shame, hurt or spite.
- *The consequence must be fair and considerate. Never overblow it. Less is better.
- *Make it helpful. In other words, it contains an initiative that helps to build a skill.

Each of the Mark's seminars are taken directly from his newest book –

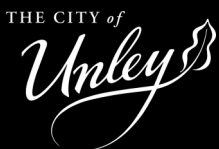
Guiding Kids Through the Tough Moments: Techniques to build a space where children can thrive (2022)

This book centres around those moments when we must get involved, or call a child out on an unsafe, careless, or selfish action. Pitched well beyond the superficiality of making 'happy families' or 'obedient classes', Mark dives into the colour and chaos of life. In his typical style, he provides guidance for navigating the commotion, the processes and grit required, especially in the tougher moments. His book outlines a special set of attitudes and skills described as using our 'soft eyes and warm hearts'. In this space, we hold a child or teen accountable using an almost counterculture mindset. One that connects leadership and strength, directly with kindness. Mark believes that if we are to improve our relationships, outcomes and futures with this generation of kids we must commit to truthful conversation, reflection, and preparation.

WEDNESDAY 21 June, 2023
10am to 12noon

Bookings essential, email pdale@unley.sa.gov.au or phone 8372 5180

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**FULLARTON PARK
COMMUNITY CENTRE**

411 FULLARTON ROAD, FULLARTON
Phone 8372 5180 | unley.sa.gov.au/fpcc