

Concordia College CC Café Weekly Menu - Term 4 2023



	mon	tue	wed	thu	fri
breakfast item	scrambled eggs wrap with bacon, cheddar & herbs	breakfast bacon & egg rolls with big red sauce	fried egg, haloumi, grilled tomato breakfast boxes	egg & bacon muffins	shaved ham, tomato, and cheddar sour dough toasties
bakery	lemon & blueberry scones	vanilla cup cakes	lemon cheesecake bliss balls	banana bread	homemade scone with jam & cream
treats	home baked choc chip cookies	blueberry & lemon muffins	carrot cake with lemon frosting	spring apple tea cakes	banana & honey muffins
recess	sweet chilli chicken wraps with sweet chilli mayo	ham & cheese croissants	bbq chicken focaccia melts	grilled chicken club sandwich	italian meatball subs with tomato sugo and shredded cheese
	coriander, corn & haloumi fritters with relish & shredded cabbage salad	tandoori chicken drumettes with pappadums	potato pies	thai chicken tenderloins, with sweet chilli dipping pot	baked hash browns
snack option	vegetable pasties with big red sauce	savoury puffs	spinach and cheese rolls	steamed chicken or vegetable dim sims with soy	gourmet sausage rolls with big red sauce
salad	spring pea salad with basil vinaigrette & crumbled feta	cucumber, quinoa, tomato, chickpeas, peppers & red wine vinaigrette salad with torn flat bread	roasted butternut pumpkin & couscous salad	green leaf salad with haloumi, cherry tomatoes, red onions & honey balsamic vinaigrette	spring chopped salad with basil dressing
salad with protein	spring pea salad with basil vinaigrette, crumbled feta & poached chicken strips	cucumber, quinoa, tomato, chickpeas, peppers, red wine vinaigrette, torn flat bread & poached eggs	roasted butternut pumpkin & couscous salad with roasted chickpeas	green leaf salad with haloumi, cherry tomatoes, red onions, honey balsamic vinaigrette & chicken	spring chopped salad with basil dressing & flaked tuna
bread/wrap option	the brat - bacon, rocket, avocado & tomato sandwiches	smoky grilled maple chicken burger with bbq sauce	beef burger with cheese, lettuce, tomato & burger sauce	greek chicken gyros with lettuce, tomato, red onion & tzatziki	cajun chicken fillet burger with lettuce, tomato, red onion & mayo
pasta/noodles	pasta napoli with parmesan	nasi goreng noodles boxes with egg omelette, crispy shallots and spring greens	homemade pizza	thai beef or tofu rice bowl with stir fry vegetables	special fried rice boxes
chef's special	oven baked crumbed chicken schnitzel with slaw & roasted potatoes	teriyaki beef sticks with shredded vegetable medley	salt & pepper calamari with citrus aioli & oven roasted potatoes	assorted quiche & salad	mexican nacho boxes with sour cream, cheese, salsa & beans

also available on the online St Johns menu