

Chartwells Autumn Retail Weekly Menu 2024



	mon	tue	wed	thu	fri
breakfast item	bacon & egg muffins	corn fritters with avocado & poached egg	waffles with berries & maple syrup	Ham & cheese sourdough toasties	the onesie box – one of everything – egg, bacon, tomato, mushroom & one sausage.
additional breakfast items	breakfast will also include a selection of the following: the reach in fridge - yoghurt pots, fruit salad tubs, tall single fruit cups, breakfast sandwiches, wraps & rolls, juices & water the bakery counter - fresh whole fruit, cereal tubs with milk & yoghurt, our own baked muffins & home baked goods direct to the counter straight from the oven				
muffin/scone	orange & poppyseed muffins	blueberry muffins	carrot cake with cream cheese icing	chocolate cake squares	white chocolate & raspberry muffins
snack option	baked hash browns	pan fried vegetable dumplings with soy dipping sauce	marinated lamb & fetta pizza squares	bbq chicken & cheese focaccia melts	honey, soy & ginger chicken drumettes with prawn crackers
snack option	italian meatball & cheese subs	cornish pasties	yum cha box with sweet soy dipping sauce	ham cheese & tomato croissants	pizza focaccia strips tomatoes, basil & mozzarella
salad	vietnamese noodle salad	tangy tomato pasta salad with red onion, corn & red peppers	niçoise salad with flaked tuna	moroccan cous cous & vegetable salad	chicken caesar salad
soup of the day	autumn vegetable	chicken & sweet corn	creamy potato & leek	minestrone	roasted cauliflower & bacon
the hot cupboard - Lunch					
bread/wrap option	beef sausages with mash, gravy, & vegetables	crumbed chicken burger with cos lettuce & sweet chilli mayo	american hotdogs with cheese, bacon, tomato sauce & mustard	beef minute steak damper roll with lettuce, relish & grilled onions	tandoori chicken wrap with tzatziki & salad
pasta/noodles	chicken rogan josh curry with steamed rice & naan	honey soy ground pork stir-fry with noodles	beef tortellini with napoli sauce	mac & cheese	fried rice noodle boxes
chef's special	vegetarian nachos	hawaiian baked potato with cheese, bacon, sour cream, slaw & spring onion	moroccan vegetables with flat breads, tzatziki & couscous	chicken parmigiana with baked wedges & slaw	fetta & spinach quiche with salad