



Chartwells Term 3 Winter Retail Weekly Menu 2024

	mon	tue	wed	thu	fri
breakfast item	fried eggs on toast with tomatoes & bacon 6.5	scrambled egg ham & cheese wraps 6.0	ham cheese & tomato croissants 6.5	bacon & egg muffins with cheese 5.0	breakfast blt's 6.5
additional items	chartwells also include a selection of fresh sandwiches, wraps & rolls made daily. hot & cold drinks variety of toasted sandwiches on grain, rye & white breads, egg & bacon muffins, toasted fruit bread, banana bread, the 'special' club toasted sandwich that changes daily plus more ... the reach in fridge - yoghurt pots, fruit salad tubs, tall single fruit cups, bircher muesli, juices, & water the bakery counter - fresh whole fruit, cereal tubs with milk & yoghurt, our own baked muffins, & home baked goods direct to the counter straight from the oven				
sweet bakery	apple crumble muffin 4.0	blueberry, maple syrup & cinnamon muffin 4.0	raspberry white choc muffin 4.0	warm banana bread 4.0	lemon & poppyseed muffin 4.0
recess	spinach & fetta or ham & cheese quiche 5.5	tandoori chicken pizza 5.5	zucchini & bacon slice 6.5	ham cheese & tomato focaccia 6.5	oven baked potato wedges with sour cream & salsa 6.5
	hash browns 4.5	nacho bowls 6.5	bacon egg spinach cheese & relish sour dough toasties 6.0	thai chicken drumettes 5.0	large dim sims with sticky soy 5.0
soup with roll	creamy pumpkin 7.5	vegetable & barley soup 7.5	chicken & vegetable noodle soup 7.5	italian tomato & bean soup with vegetables 7.5	leek & lentil soup 7.5
salad	caesar salad 7.5	rigatoni pasta salad with tangy tomato dressing 7.5	asian quinoa salad with sesame ginger dressing 7.5	soba noodle salad with grilled chicken & soy dressing 7.5	power salad with lettuce cucumber carrot tomato & boiled eggs 7.5
lunch	roast beef & gravy rolls with slaw 8.0	beef or falafel burger with lettuce tomato 8.0	chicken burger with lettuce & mayo 8.0	vegetable burgers with lettuce tomato & mayo 8.0	greek spiced lamb or falafel pita breads with tzatziki & salad 8.0
	penne with tomato, spinach, basil, feta & parmesan cheese 7.5	pork chow mien noodle bowl with asian vegetables 8.0	italian meatballs with shaved parmesan & penne pasta 7.5	chicken & chorizo creamy tomato macaroni bake 8.0	beef ravioli with tomato sugo & parmesan 7.5
chef's special	crumbed chicken schnitzel with oven roasted potato wedges & shredded salad 8.0	butter chicken curry with steamed rice & naan bread 8.0	baked potato with cheese, slaw, sour cream & beetroot 7.5	beef tacos with shredded lettuce cheese sour cream & salsa 8.0	sticky soy & sweet chilli chicken with steamed rice and prawn crackers 8.0