chartwells spring retail weekly menu 2024



	mon	tue	wed	thu	fri
breakfast item	omelette with mushroom & cheese 6.5	ham cheese & tomato croissants 5.5	egg bacon & cheese english muffins 5.0	breakfast burrito 6.5	breaky box with egg bacon hash brown& tomato 6.5
additional items	chartwells will also include a selection of the following: - variety of toasted sandwiches on grain, rye & white breads, egg & bacon muffins, toasted fruit bread, banana bread, yoghurt pots, fruit salad tubs, tall single fruit cups, bircher muesli, breakfast sandwiches, wraps & rolls, juices & water, fresh whole fruit, cereal tubs with milk & yoghurt, our own baked muffins & home baked goods direct to the counter straight from the oven				
bakery special	apple & peach cake 4.5	chocolate muffin 4.0	banana bread 4·5	blueberry muffin 4.0	home baked choc chip cookie 2.2
recess	bacon tomato avocado & rocket sour dough toasties 5.5	baked hash browns 4·5	corn fritters with avocado & salsa	potato pie 5·5	baked dim sims 5.0
	toasted pizza sub 4.5	crispy chicken snack wrap 4.5	cornish pasties 5.5	mexican chicken wraps 6.5	bbq chicken focaccia melt 6.5
	spinach & fetta quiche 5.5	tomato fetta & basil bruschetta 5.5	honey soy chicken wings 5.0	vegetable chicken or tuna sushi rolls (2) 7.5	five spice chicken strips 5.5
salad of the day	green bean salad with honey dijon dressing & roast turkey 7.5	cucumber, tomato & feta salad with tuna 7.5	roasted butternut pumpkin & rocket salad with chickpeas 7.5	quinoa salad with shredded vegetables and sesame dressing 7.5	chopped salad with french dressing & egg 7.5
lunch	vegetarian nachos with salsa avocado cheese & beans 6.5	beef or vegetable burger with lettuce & tomato 8.0	crumbed chicken burger with lettuce bacon & caesar dressing 8.0	pasta with mushrooms & cream sauce 7.5	tandoori chicken wraps with lettuce cucumber tomato & tzatziki 8.0
	teriyaki beef rice bowl 8.0	pasta primavera with chicken 7.5	beef bolognese pasta 7.5	baked potatoes cheese chilli con carne & sour cream 7.5	beef or vegetable lasagne 7.5
chef's special	chicken pie 5·5	roast chicken wedges & salad 8.0	thai chicken strips with soba noodles 7.5	fish & chips 7.5	special fried rice noodle box 6.5