



## **2FREE** Parent webinars by child psychologist:

Learn to support your primary school aged child with worry, frustration, managing impulses and tricky behaviour. Zoom into 1 or both – 1 hr duration.

1) **Wednesday 11<sup>th</sup> of May 2022 at 6:30pm (ACST) – “Calm and Connected Kids”** – learn to help children to develop positive friendships and manage peer difficulties which often arise in primary school.

Click here: <https://us02web.zoom.us/j/81238889177?pwd=NIRnYVpJbXJxR3R3a1FvYUdjZFBFZz09>

Zoom Meeting ID: 812 3888 9177 Passcode: 159022

2) **Wednesday 8<sup>th</sup> of June 2022 at 6:30pm (ACST) – “Calm and Co-operative Kids”** – learn to help children who have a tendency towards frustration, have difficulties managing impulses or feeling unco-operative.

Click here: <https://us02web.zoom.us/j/87172614896?pwd=K0YxWU5YYy9aYnZqcjlsakw1RXNRZz09>

Zoom Meeting ID: 871 7261 4896 Passcode: 276561

No RSVP necessary but “zoom in” quickly as only 100 zoom spots available each session. We ask that an email address and postcode be provided in the waiting room so a handout can be sent at a later time.



Presented by Calm Kid Central and clinical child psychologist Kirrilie Smout. Kirrilie has had 25 years experience working with children and families, is the author of two books about children’s mental health and regularly consults with national bodies about child mental health. Go to: [www.calmkidcentral.com](http://www.calmkidcentral.com) to access child psychological support online. Scan the QR code below for more information on Calm Kid Central.

Presented by Calm Kid Central Programs, [www.calmkidcentral.com](http://www.calmkidcentral.com)  
Supported by Gippsland Primary Health Network (APHN and GPHN)  
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